

Jesus and Anger (Matthew 5:21-26)

Refrain from anger and give up your rage; do not be agitated—it can only bring harm. // Psalm 37:8

A hot-tempered person stirs up conflict, but one slow to anger calms strife. // Proverbs 15:18

A fool gives full vent to his anger, but a wise person holds it in check. // Proverbs 29:11

Don't let your spirit rush to be angry, for anger abides in the heart of fools. // Ecclesiastes 7:9

Be angry and do not sin. Don't let the sun go down on your anger, and don't give the devil an opportunity. // Ephesians 4:26-27

But now, put away all the following: anger, wrath, malice, slander, and filthy language from your mouth. // Colossians 3:8

My dear brothers and sisters, understand this: Everyone should be quick to listen, slow to speak, and slow to anger, for human anger does not accomplish God's righteousness. // James 1:19-20

Commandments for the Heart

- Jesus moves from commandments just for actions to commandments for our hearts
- *What does this mean?* We should fear and love God so that we do not hurt or harm our neighbor in his body, but help and support him in every physical need. // Luther, SC

Don't Say Moron

- The word for fool is, *moros*
- *The fool says in his heart, "There is no God." They are corrupt, their deeds are vile; there is no one who does good. // Psalm 14:1*
- In this context, calling a brother or sister a fool is claiming that they are not a believer and that you can judge their heart; which is only something God can do.

Be Reconciled (confession is good)

- *All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation. // 2 Corinthians 5:18*
- *If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen. And this commandment we have from him: whoever loves God must also love his brother. // 1 John 4:20-21*
- Jesus is speaking about when you have sinned/wronged someone and need to confess/repent/reconcile to them
- *"Men love to substitute ceremony for integrity" // DA Carson*
- *If possible, so far as it depends on you, live peaceably with all. // Romans 12:18*
- *Like a dog that returns to his vomit is a fool who repeats his folly. // Proverbs 26:11*

Righteous Anger

- Most of the time your anger is not righteous because you are a sinner
- Mark 3:1-6 is an example of Jesus' righteous anger